1. Define consequences. 

2. Can you create desirable or undesirable consequences?

3. List two desirable consequences you would like to create.

4. Identify three things that you can do to make these consequences a reality.
   a. 
   b. 
   c. 

5. List two undesirable consequences that you have created.
Personal Consequences

6. Identify three things that you did that caused the undesirable consequences.
   a. 
   b. 
   c. 

7. From the arrest experience, list a consequence of the experience in each of the following areas of your life.
   a. Family
      Immediate consequence ____________________________
      Long-term consequence ___________________________
   b. Self
      Immediate consequence ____________________________
      Long-term consequence ___________________________
   c. Job
      Immediate consequence ____________________________
      Long-term consequence ___________________________
   d. Finances
      Immediate consequence ____________________________
      Long-term consequence ___________________________
   e. Freedom
      Immediate consequence ____________________________
      Long-term consequence ___________________________
   f. Emotions
      Immediate consequence ____________________________
      Long-term consequence ___________________________