Personal Consequences

1. Define consequences.

__________________________________________________________

__________________________________________________________

2. Can you create desirable or undesirable consequences?

__________________________________________________________

3. List two desirable consequences you would like to create.

4. Identify three things that you can do to make these consequences a reality.
   a. _______________________________________________________
   b. _______________________________________________________
   c. _______________________________________________________

5. List two undesirable consequences that you have created.

__________________________________________________________

__________________________________________________________
Personal Consequences

6. Identify three things that you did that caused the undesirable consequences.
   a. 
   b. 
   c. 

7. From the arrest experience, list a consequence of the experience in each of the following areas of your life.
   a. Family
      Immediate consequence
      Long-term consequence
   b. Self
      Immediate consequence
      Long-term consequence
   c. Job
      Immediate consequence
      Long-term consequence
   d. Finances
      Immediate consequence
      Long-term consequence
   e. Freedom
      Immediate consequence
      Long-term consequence
   f. Emotions
      Immediate consequence
      Long-term consequence